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Inquiry into Suicide Prevention

Ymchwiliad i Atal Hunanladdiad

Ymateb gan Professional Cricketers' Association

Response from the Professional Cricketers' Association

Information from the Professional Cricketers' Association

Working in this space we have worked on various interventions to support our members with mental health education and support.

- 24 Hr helpline – Delivered by Cognacity Harley street practice available to all members and family
- counselling
- Mental health education and talks
- An app to develop coping skills
- Mental health ambassadors (Players who have opened up and talked about their struggles)

Just some of the support tools in place.

I'm not sure if you are aware that a number of players association have signed up to the mental health charter to share practice and show innovation to look after this area.

<https://www.sportandrecreation.org.uk/pages/about-us>

<https://www.sportandrecreation.org.uk/policy/the-mental-health-charter/introduction-to-the-mental-health-charter-for>

One thing we want to do moving forward is support the cricket national governing body on more national based campaigns involving not just professional players but having an impact on general society through the sport and our players. Something we have discussed and I'm sure will develop in time.

My personal belief is that it's great you are working hard in this area to review lobby and develop provisions. I honestly feel the government/NHS need more support to provide more interventions and responsive Treatments. It's a complex and difficult illness and only growing from the research we all see. Personally we have seen the lacking support in a crisis situation and it's not a great position for anyone to be in.